

Akrosphere FALL 2024 Class Schedule

(Updated 7/18/2024)

MONDAYS

5p-6p Silks - Level 1
5p-6p Aerial Sling 2+
6p-7p Lyra - Level 1
6p-7p Sling/Net/Loop 4 & 5
6p-7p Cyr Wheel - Level 1
7p-8p Trapeze 5
7p-8p Lyra - Level 2
7p-8p Cyr Wheel - Level 2 & Up
8p-9p Cyr Wheel- Adults
8p-9p Duo Aerial

TUESDAYS

5p-6p Circus Kids (age 7-10)
5p-6p Aerial Sling / Net - Level 2
6p-7p Silks - Level 2
6p-7p Aerial Sling - 3
6p-7p OPEN GYM (Level Classes)
7p-8p Rope - Level 1 & 2
7p-8p Silks - Level 3
8p-9p Rope - Level 3 & 4 & 5
8p-9p Lyra - Level 3 & 4

WEDNESDAYS

5p-6p Circus Kids (age 7-10)
5p-6p Aerial Sling - Level 1
6p-7p Silks - Level 1
6p-7p Trapeze - Level 1 & 2
6p-7p OPEN GYM (Level Classes)
7p-8p Silks - Level 2
7p-8p Trapeze - Level 3

THURSDAYS

5p-6p Circus Kids (age 7-10)
5p-6p Cloud Swing - Level 1 & 2
6p-7p Silks - Level 1
6p-7p Aerial Sling / Net - Level 3+
6p-7p OPEN GYM (Level Classes)
7p-8p Silks - Level 4 & 5
7p-8p Cloud Swing - Level 3
8p-9p Trapeze 4

SATURDAYS

11a-12p Cloud Swing - Level 4 & 5
12p-1p Circus Kids (age 7-10)
1p-2p Silks 1
2p-3p OPEN GYM (Level Classes)
2p-5p ADULT ONLY Open Gym
3p-5p Free Spin / Cyr Students