

# Akrosphere SPRING 2025 Class Schedule

(Updated 12/15/2024)

## MONDAYS

**5p-6p Silks - Level 1**  
5p-6p Aerial Sling 2+  
**6p-7p Lyra - Level 1 & 2**  
6p-7p Sling/Net/Loop 4 & 5  
**6p-7p Cyr Wheel - Level 1**  
7p-8p Trapeze 5  
7p-8p Lyra - Level 3  
7p-8p Cyr Wheel - Level 2 & Up  
8p-9p Cyr Wheel- Adults  
**8p-9p Duo Aerial**

## TUESDAYS

**5p-6p Circus Kids (age 7-10)**  
5p-6p Aerial Sling / Net - Level 2  
6p-7p Silks - Level 2  
6p-7p Aerial Sling - 3  
**6p-7p OPEN GYM (Level Classes)**  
**7p-8p Rope - Level 1 & 2**  
7p-8p Silks - Level 3  
8p-9p Rope - Level 3 & 4 & 5  
8p-9p Silks - Level 4 & 5

## WEDNESDAYS

**5p-6p Circus Kids (age 7-10)**  
**5p-6p Aerial Sling - Level 1**  
**6p-7p Silks - Level 1**  
**6p-7p Trapeze - Level 1 & 2**  
**6p-7p OPEN GYM (Level Classes)**  
7p-8p Silks - Level 2  
7p-8p Trapeze - Level 3  
8p-9p Lyra - 4  
8p-9p Cloud Swing - Level 4 & 5

## THURSDAYS

**5p-6p Circus Kids (age 7-10)**  
**5p-6p Cloud Swing - Level 1 & 2**  
**6p-7p Silks - Level 1**  
6p-7p Aerial Sling / Net - Level 3+  
**7p-8p OPEN GYM (Level Classes)**  
7p-8p Cloud Swing - Level 3  
8p-9p Trapeze 4

## SATURDAYS

11a-12p Silks 2  
**12p-1p Circus Kids (age 7-10)**  
**12p-1p OPEN GYM (Level Classes)**  
**1p-2p Silks 1**  
**2p-3p Adult Beginner / Level 2**  
**1p-4p ADULT ONLY Open Gym**  
**2p-4p Free Spin / Cyr Students**

