

Akrosphere SPRING Class Schedule

(Updated 1/1/2024)

MONDAYS

5p-6p Silks - Level 1
6p-7p Lyra - Level 1
6p-7p Cyr Wheel - Level 1
7p-8p Lyra - Level 2
7p-8p Cyr Wheel - Level 2 & Up

TUESDAYS

5p-6p Circus Kids (age 7-10)
5p-6p Aerial Sling / Net - Level 2
6p-7p Silks - Level 2
6p-7p Aerial Sling / Net - Level 3
6p-7p OPEN GYM (Level Classes)
7p-8p Rope - Level 1 & 2
7p-8p Silks - Level 3
8p-9p Rope - Level 3 & 4 & 5
8p-9p Lyra - Level 3 & 4

WEDNESDAYS

5p-6p Circus Kids (age 7-10)
5p-6p Aerial Sling - Level 1
6p-7p Silks - Level 1
6p-7p Trapeze - Level 1 & 2
6p-7p OPEN GYM (Level Classes)
7p-8p Silks - Level 2
7p-8p Trapeze - Level 3 & 4
8p-9p Duo Aerial

THURSDAYS

5p-6p Circus Kids (age 7-10)
5p-6p Aerial Sling - Level 4
6p-7p Silks - Level 1
6p-7p Aerial Sling / Net - Advanced
Level 3
6p-7p OPEN GYM (Level Classes)
7p-8p Silks - Level 4
7p-8p Cloud Swing - Level 1 & 2
8p-9p Silks - Level 5
8p-9p Cloud Swing - Level 3

FRIDAYS

4:30p-5:30p Trapeze - Level 5

SATURDAYS

11a-12p Cloud Swing - Level 4 & 5
12p-1p Net / Rope Loop - Level 4 & 5
12p-1p Circus Kids (age 7-10)
1p-2p Circus Kids (age 7-10)
2p-3p Silks 1
3p-4p OPEN GYM (Level Classes)
4:30p-6:30p Free Spin / Cyr Students
4:30p-6:30p Adult Only Open Gym