

Akrosphere SPRING 2025 Class Schedule

(Updated 4/9/2025)

MONDAYS

5p-6p Silks - Level 1

5p-6p Duo Aerial

6p-7p Lyra - Level 1/2

6p-7p Sling/Net/Loop 4 & 5

6p-7p Cyr Wheel - All Levels

7p-8p Trapeze 5

7p-8p Cyr Wheel - Adults

TUESDAYS

5p-6p Circus Kids (age 7-10)

5p-6p Aerial Sling / Net - Level 1 & 2

6p-7p Silks - Level 2

6p-7p Aerial Sling - 3

6p-7p OPEN GYM (Level Classes)

7p-8p Rope - Level 1 & 2 & 3

7p-8p Silks - Level 3

8p-9p Rope - Level 4 & 5

8p-9p Silks - Level 4 & 5

WEDNESDAYS

5p-6p Circus Kids (age 7-10)

5p-6p Trapeze - Level 1 & 2

6p-7p Silks - Level 1

6p-7p Trapeze - Level 3

6p-7p OPEN GYM (Level Classes)

7p-8p Lyra - 3 & 4

7p-8p Cloud Swing - Level 4 & 5

THURSDAYS

5p-6p OPEN GYM (Level Classes)

5p-6p Cloud Swing - Level 1 & 2 & 3

6p-7p Aerial Sling / Net - Level 4

7p-8p Trapeze 4

SATURDAYS

11a-12p Silks 2 (7)

12p-1p Circus Kids (age 7-10) (7)

12p-1p OPEN GYM (Level Classes)

1p-2p Adult Beginner / Level 2

1p-4p ADULT ONLY Open Gym

2p-4p Free Spin / Cyr Students