

Akrosphere SPRING 2026 Class Schedule

(Updated 1/5/2026)

MONDAYS

5p-6p Silks - Level 1

5p-6p Aerial Straps

6p-7p Lyra - Level 1 & 2

6p-7p Aerial Sling- Level 5

6p-7p Cyr Wheel - Level 1

7p-8p Trapeze 5

7p-8p Lyra - Level 3

7p-8p Cyr Wheel- Level 2+

7p-8p Cyr Wheel- Adults

TUESDAYS

5p-6p Aerial Sling - Level 2

6p-7p Silks - Level 2

6p-7p Aerial Sling - 3

7p-8p Rope - Level 1 & 2 & 3

7p-8p Silks - Level 3

8p-9p Rope - Level 4 & 5

8p-9p Silks - Level 4 & 5

WEDNESDAYS

5p-6p Circus Kids (age 7-10)

5p-6p Aerial Sling - Level 1

6p-7p Silks - Level 1

6p-7p Trapeze - Level 1 (starts 9/3)

6p-8p OPEN GYM (Level Classes)

7p-8p Silks - Level 2

7p-8p Trapeze- Level 2

8p-9p Trapeze - Level 3/4

8p-9p Lyra - 3/ 4

THURSDAYS

5p-6p Circus Kids (age 7-10)

5p-6p Cloud Swing - Level 1

6p-7p Silks - Level 1

6p-7p Aerial Sling / Net - Level 4

7p-8p Cloud Swing - Level 2 & 3

7p-8p OPEN GYM (Level Classes)

8p-9p Cloud Swing - Level 4 & 5

SATURDAYS

11a-12p Silks 2

12p-1p Circus Kids (age 7-10)

1p-2p Silks 1

1p-2p OPEN GYM (Level Classes)

2p-3p Adult Beginner / Level 2

1p-4p ADULT ONLY Open Gym

2p-4p Free Spin / Cyr Students

