

# Akrosphere SUMMER 2026 Class Schedule

(Updated 1/5/2026)

## MONDAYS

**5p-6p Silks - Level 1**

5p-6p Aerial Straps

**6p-7p Lyra - Level 1 & 2**

6p-7p Aerial Sling- Level 5 (6)

**6p-7p Cyr Wheel - All levels/ Adult**

7p-8p Lyra - Level 3

8p-9p- Lyra 4 & 5 (5)

## THURSDAYS

**5p-6p Circus Kids (age 7-10)**

**5p-6p Cloud Swing - Level 1**

**6p-7p Silks - Level 1**

6p-7p Aerial Sling / Net - Level 4

7p-8p Cloud Swing - Level 2 & 3 (6)

**7p-8p OPEN GYM (Level Classes)**

8p-9p Cloud Swing - Level 4 & 5 (4)

## TUESDAYS

5p-6p Aerial Sling - Level 2 & 3

6p-7p Silks - Level 2

**6p-7p Rope - All Levels**

7p-8p Silks - Level 3

8p-9p Silks - Level 4 & 5

## SATURDAYS

**1p-2p Silks 1**

**1p-2p OPEN GYM (Level Classes)**

**2p-3p Adult Beginner / Level 2**

**1p-4p ADULT ONLY Open Gym**

**2p-4p Free Spin / Cyr Students**

## WEDNESDAYS

**5p-6p Circus Kids (age 7-10)**

**5p-6p Aerial Sling - Level 1**

**6p-7p Silks - Level 1**

**6p-7p Trapeze - Level 1 (NEW!)**

7p-8p Silks - Level 2

7p-8p Trapeze- Level 2

8p-9p Trapeze - Level 3 & 4

**8-9p OPEN GYM (Level Classes)**

# Akrosphere SPRING 2026 Class Schedule

(Updated 5/12/2026)

## MONDAYS

5p-6p Silks - Level 1 -Vivian  
5p-6p Aerial Straps (3) -Michael  
6p-7p Lyra - Level 1 & 2 - Rinn  
6p-7p Aerial Sling- Level 5 (6) -Michael  
6p-7p Cyr Wheel - All levels/ Adult  
7p-8p Trapeze 5 (2) - Michael  
7p-8p Lyra - Level 3 -Rinn  
8p-9p- Lyra 4 & 5 (5)- Michael

## TUESDAYS

5p-6p Aerial Sling - Level 2 (3) -Mich  
6p-7p Silks - Level 2 - Elisabeth  
6p-7p Aerial Sling- 3 (4) - Michael  
7p-8p Rope - Level 1 & 2 & 3 (4) - Mich  
7p-8p Silks - Level 3 - Elisabeth  
8p-9p Rope - Level 4 & 5 (2) - Michael  
8p-9p Silks - Level 4 & 5 - Elisabeth

## WEDNESDAYS

5p-6p Circus Kids (age 7-10) -Clara  
5p-6p Aerial Sling - Level 1 (3)-Mich  
6p-7p Silks - Level 1 -Clara  
6p-7p Trapeze - Level 1 -Mich  
6p-7p OPEN GYM (Level Classes)  
(7-8? Clara covering??)  
7p-8p Silks - Level 2 -Clara  
7p-8p Trapeze- Level 2 (4) ???-Mich  
8p-9p Trapeze - Level ¾ (5) ???-Mich

## THURSDAYS

5p-6p Circus Kids (age 7-10) - Elisabeth  
5p-6p Cloud Swing - Level 1 (2)-Mich  
6p-7p Silks - Level 1 - Elisabeth  
6p-7p Aerial Sling / Net - Level 4 -Mich  
7p-8p Cloud Swing - Level 2 & 3 (6)-Mich  
7p-8p OPEN GYM - Elisabeth  
8p-9p Cloud Swing - Level 4 & 5 (4)-Mich

## SATURDAYS

12p-1p OPEN GYM (Level Classes) -Clara  
1p-2p Silks 1 -Clara  
2p-3p Adult Beginner / Level 2-Clara  
12p-3p ADULT ONLY Open Gym